

PRE-OPERATIVE INSTRUCTIONS

Please read all of the listed instructions below and make sure you understand each item. Should you have any questions about the instructions or concerns please call our office at 732-348-8088.

1. Do not have any ASPIRIN or VITAMIN E for a week prior to surgery. Please notify Dr. Schwinning of any medications you may currently be taking.
2. Refrain from alcohol consumption for at least 1 day prior to surgery.
3. Do not skip eating on the day of surgery. Make sure to have a good size meal before the procedure. *It is recommended that you bring in some kind of lunch or snack, such as a sandwich.* The procedure can last anywhere from 3-5 hours. Staying well fed and hydrated ensures a smooth procedure and your absolute comfort. In addition, post-operative oral medication is given and should not be taken on an empty stomach.
4. Shampoo hair thoroughly the morning of the procedure. Any general shampoo is fine. Do not use medicated shampoo on the day of surgery.
5. Do not wear a shirt that requires removal over the head (i.e. t-shirt, turtleneck, sweatshirt). Wear a shirt with buttons.
6. Payment is expected in full before the start of the procedure. You may pay with cash, check, or any major credit card. If paying with check, please bring two forms of ID including your driver's license.

Please note if you wear an artificial hair system, you will not be able to put it back on until the second day. Review how to safely reattach the hair system with your doctor before surgery.

If you need to cancel your appointment, you must contact IHSG at least 48 hours (2 days) in advance. Failure to do so will result in a non-refundable charge of \$500.00, which will be applied to your procedure when performed.